

# **Reflective Supervision in Early Education and Care**

## **Description of Course**

Reflective supervision is an essential component of programs providing direct services to young children and families. It has become the gold standard of supervision within early education and care settings. Decades of research and practice have demonstrated that reflective supervision increases the quality of care, improves job satisfaction, and increases staff retention in early childhood programs.

The reflective supervision framework creates a supervision environment that supports staff capacity-building and professional growth, leading to improvements in staff learning, decision-making, and job performance. Through a collaborative process, reflective supervisors provide staff with an opportunity to identify, explore, and reflect on their experiences in their work, increasing their capacity to problem-solve and act intentionally.

In this virtual course from the <u>Infant-Parent Training Institute</u> of Jewish Family & Children's Service, supervisors will learn the process of Reflective Supervision with opportunities to practice new skills using real-life supervisory challenges from their workplaces. The course will utilize direct instruction, readings, and discussion.

#### **Required Text**

Reflective Supervision and Leadership for Infant and Early Childhood (2011), by M. C. Heffron and T. Murch, Zero to Three Publishing.

### Who Should Apply?

Supervisors in management and leadership positions in early education and care programs, including program directors, assistant directors, and upper-level supervisors.

#### Day and Time

8 Wednesdays February 24 – April 14, 2021 4:00 – 6:00 p.m.

#### Location:

Online, via Zoom video conferencing

**Tuition** \$875 for eight sessions

### Application

Visit <u>www.jfcsboston.org/ipti</u> to download the Reflective Supervision course application. For more information, email your questions to <u>ipti@jfcsboston.org</u> or call 781-693-5652.

The Infant-Parent Training Institute is a Training Affiliate of the Cambridge Health Alliance Department of Psychiatry, which is a teaching hospital of Harvard Medical School.

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